

Climbing

We draw on more than 20 years of experience on vertical rock faces to introduce you this fascinating and thrilling sport...

All technical equipment is provided by the guides. You are advised to wear sports clothing which allows easy movement.



SUMMER 2008 PRICES

ACTIVITY	WHERE	WHO	WHEN	PRICE
AN AFTERNOON IN THE SARCA VALLEY	Toblino Gorge or one of the crags near Lake Lamar	For first-time climbers. Minimum age 6 years	Daily outings Booking required	€ 180 per group to be divided equally between the participants (max. 6), equipment included
CHILDREN'S COURSES	One of the local bolted crags for beginners'	Games of skill and balance aimed at children from 6 years upwards	Every Wednesday throughout the summer	€ 180 per group to be divided equally between the participants (max. 6), equipment included
VAL DAONE GRANITE	In the glacial Valley of Daone, Italy's largest bouldering area	For those want to experience climbing on granite and to try bouldering	Group bookings on request	€ 250 per group to be divided equally between the participants (max. 6), equipment included
CAMPANILE BASSO, BRENTA DOLOMITES 2980 m	Symbol of the Brenta Dolomites, situated in the heart of the range	The climb is grade IV+ UIAA. The guide will assess your competence on a local crag	Private clients only Ideal period from June to September	To be agreed with the client(s). Max no. of participants: 2
360° IN THE DOLOMITES	Any of the groups in the Dolomites, within or beyond Trentino	For enthusiasts of the Dolomites. The peak of your dreams in complete safety	Private clients only	To be agreed with the client(s)

Organised by the Valley of the Lakes Mountain Guides

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A totally different kind of holiday





Trekking



For summer 2008 we have a selection of treks along panoramic footpaths, through fragrant forests and dramatic scenery, to see special places and intriguing natural monuments...

Any technical equipment which may be required will be supplied by the guide. You are advised to wear hiking boots and comfortable loose clothing and to bring a change of clothes, a warm fleece and a waterproof jacket.

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TREKKING EXCURSION	DIFFICULTY	DURATION	NO. OF PARTICIPANTS	PRICE (per person)	HEIGHT GAIN
TREKKING + CAVING Abyss of Lamar	difficul	1/2 day	min 6 persons	40 €	300 mt
AGOSTINI REFUGE 2200 m + visit to ice-cave	medium	1 day	5 persons	40 € + jeep	600 mt
BRENTEI REFUGE 2200 m	medium	1 day	5 persons	40 €	800mt
GROSTÈ REFUGE 2500 m to Madonna di Campiglio via Tucket Refuge	easy	1 day	5 persons	40 € + chairlift	100 mt 1000 mt descent

Via ferrata



Scramble and climb on near-vertical or vertical paths equipped with metal cables and ladders, reach unusual and breath-taking locations in complete safety.

Technical equipment is provided by the guide and is included in the cost. You are advised to wear trekking shoes or boots and comfortable loose clothing and to bring a change of shirt, food & drink.

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VIA FERRATA	DIFFICULTY	HEIGHT GAIN	DURATION	PARTICIPANTS	PRICE (per person)
RIO SALLAGONI CASTEL DRENA	easy	200 m	3 hours	3 - 7 persons	40 €
VIA FERRATA E. SUSATTI - CIMA CAPI	easy	300 m	5 hours	2 - 4 persons	60 €
BURRONE GIOVANELLI	easy	500 m	4 hours	3 - 7 persons	60 €
VIA FERRATA DI AVIO - G. SEGA	medium	500 m	6 hours	3 - 7 persons	60 €
VIA AMICIZIA - CIMA SAT	medium	1000 m	7 hours	2 - 4 persons	60 €
VIA CHE GHEVARA	medium/difficult	1400 m	7 hours	2 - 4 persons	70 €
VIA FERRATA MONTE ALBANO	difficult	400 m	3 hours	3 - 4 persons	60 €
VIA FERRATA RINO PISETTA	very difficult	450 m	5 hours	2 - 3 persons	80 €
VIA DELLE BOCCHETTE	medium	1000 m	1 day	3 - 5 persons	80 €