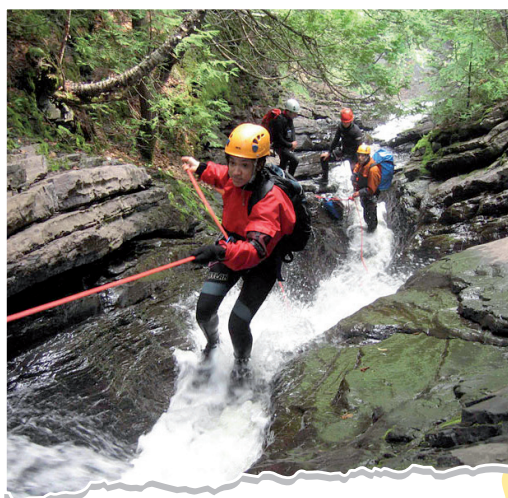


# Canyoning

Slide, jump and splash through crystal clear waters on a breathtaking descent of the valley's most stunning torrents...



## General information

- Test days run every day on request, other excursions may be booked on a weekly basis. Meeting points: campsite or hotel reception.
- Technical equipment is provided and included in the price.
- Please bring your own swimming costume, large towel and either trekking shoes or trainers with smooth soles; socks are not necessary. Also bring a change of clothes and a disposable camera.
- Minors 12 years or over may participate only with a parent's authorisation.
- Material provided: full 5mm neoprene wetsuit including booties, canyoning harness with double safety slings, screw-gate carabiners and helmet. All safety equipment conforms,

where applicable, to EN, CA and UIAA specifications. Always ask to see your Mountain Guide's official certification to verify his/her credentials.

- Transport to the canyons, which are 40-50 minutes drive away, is not provided.
- Our prices are generally lower than you will find elsewhere as they do not include transport.

## Levels of difficulty:

- **Basic:** accessible to anyone above the age of 12 who can swim a little
- **Medium:** a more demanding excursion requiring a greater degree of physical resistance.
- **Advanced/expert:** for those who have completed at least 3-4 basic excursions and have acquired sufficient general technical competence; participants must be strong swimmers and have a high level of physical resistance due to the greater length of the descent.

**FAMILY DAY:** - 30% boys under 16 years

SUMMER 2008 PRICES					
CANYONING	DIFFICULT	DURATION	MIN-MAX PARTICIPANTS	PRICE (for person)	HEIGHT DIFFERENCES
<b>PALVICO 1ST SECTION</b>	easy	2 hours	7 - 10 persons	50 €	60 m - 700 m
<b>PALVICO CANYON</b>	medium/easy	4 - 5 hours	4 - 7 persons	55 €	120 mt - 1000 mt
<b>JACUZZI CANYON</b>	difficult	5 hours	4 - 6 persons	65 €	225 mt - 500mt
<b>VIONE CANYON</b>	medium	4 - 5 hours	4 - 6 persons	70 €	535 mt - 2300 mt
<b>CAFFARO TORRENT</b>	medium	6 hours	4 - 7 persons	80 €	220 mt - 3300 mt
<b>VAJO DEL'ORSO</b>	difficult	7 hours	2 - 4 persons	85 €	460 mt - 4000 mt
<b>JURASSIK CANYON</b>	difficult (experts only)	7 hours	2 - 4 persons	90 €	380 mt - 2300 mt
<b>PICCOLO JURASSIK</b>	easy	4 - 5 hours	3 - 6 persons	50 €	150 mt - 1500 mt

Organised by the Valley of the Lakes Mountain Guides.

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